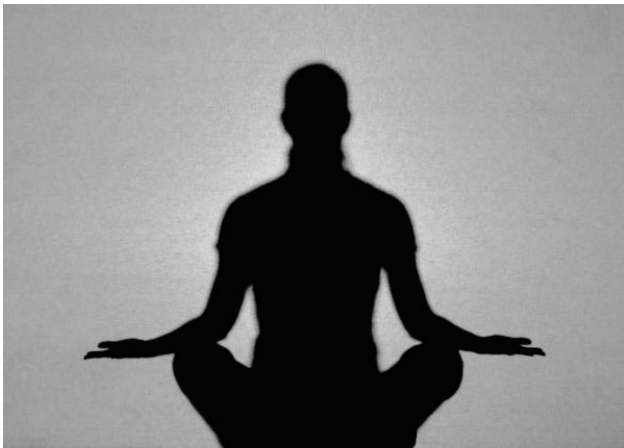


holiday wellness fair

5th Annual Charity Fundraiser for Ministry with Community



Important Notes:

- Dress in comfortable clothes
- Suggested donations: \$1/minute or as suggested by the practitioner.
- Checks payable to Sangha Yoga
- Service “tally cards” will be available so a single comprehensive donation can be made.



SANGHA YOGA

*Downtown Kalamazoo's Center for Yoga,
Meditation, & Movement*

December 12th: 2pm-5pm

Therapies & services are offered by the practitioners for donations. Proceeds will benefit the local homeless and "those in need" supported by Ministry with Community. Services and practitioners subject to change.

The Day's Services & Practitioners

- **Massage Therapy**
Cassandra Worth & Lucia MacLeod
- **Acupuncture**
Al Wolf & Beverly Yee
- **Chiropractic Care**
Dr. Geoffrey Chau
- **Reflexology**
Kathleen Jordan
- **Reiki**
Kirsten Lyon
- **Tai Massage**
Carol Post



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MASSAGE & HEALING ARTS