



Front Desk Seva (work study) Application

To apply for the Seva Program please complete this application and return it to Studio Manager, Kristin Fiore at Sangha Yoga. Applicants will be selected for participation based on the current studio needs, and applicants who are the best fit for Sangha Yoga.

Name:

Date of Application:

Age:

Address:

Phone Number:

Email Address:

What is the Seva Program?

“Seva” means service from the heart. The Seva Program at Sangha Yoga is an opportunity for people to work a front desk position in exchange for nearly unlimited FREE yoga classes & workshops -and- discounts on trainings, seminars, retreats, privates, & gift shop items!

Seva Front Desk Duties Include:

- Working one weekday shift per week (same shift every week)
- Working a few short weekend shifts per month.
 - Cleaning the studio
 - Checking in students
 - Tallying sign-in sheets
 - Paying out instructors
 - Selling merchandise
- Occasionally trading shifts with other staff to accommodate needs
- Occasionally supporting special events (like, Art Hop)

7. Are you available on weekends? (explain)

8. Put and "X" next to all time slots when you are available:

You will only work one of these, but it will be the same one each week.

Only some time slots will be open at the time you are applying, so check all that apply to you.

Mondays	5pm – 7:30pm	
Tuesdays	4pm – 8:00pm	
Wednesdays	9:30am – 1:30pm	
Wednesdays	5pm – 7:30pm	
Thursdays	4pm – 8:00pm	
Fridays	9:30am – 1:30pm	
Fridays	5pm – 7:30pm	